

Extended Care

The Isle at Watercrest Bryan offers a unique Assisted Living support program not often found in other senior living communities. It's called Extended Care, and it provides extra support for those who prefer a more residential setting in which to optimize their quality of life. Through our Extended Care program, we recognize that each resident is a unique individual with personalized needs. We honor that individuality by supporting each resident in a manner in which he/she deserves.

Our Extended Care motto is summarized in the following way:

Dignity – Each resident is precious to themselves and others around them. We support each resident's right to maintain their self-esteem by providing unconditional acceptance of their special needs and preferences. We provide the care necessary to minimize anxiety, denial, grief, fear and anger sometimes present during the aging process. Dignity is exemplified in our efforts to engage residents in meaningful activities. Not meaningful for others, but meaningful for them. We support each resident's need for spirituality and emotional connections in their lives.

Comfort – Our helpful Extended Care team is exclusive only to the Extended Care residents, meaning they are trained to specifically meet the needs of an exclusive group of residents. Our EC Team provides comforting care in a residential environment, not a clinical one. Our Pain Management Program targets not only symptomatic pain, but seeks to identify pain triggers in the surrounding environment that could cause ongoing or future episodes. By meeting basic psychological needs, assisting in activities of daily living, and providing encouragement to remain as engaged in daily life as possible, our approach to extending your loved one's quality of life goes beyond a clinical care plan. We touch the individual aspects of each human's identity.

Innovative Programming – During your loved one's stay in our EC Program, they receive cognitive stimulation for the diversion of boredom, depression, and other psychological aspects of the aging process. By helping boost residents' self-esteem and quality of life, we create opportunities to connect to others. This provides a meaningful existence for EC residents, which in turn boosts staff morale.

